



## The Candy Cane

The candy cane is shaped like a letter “J” for Jesus, or turned upside down it resembles a shepherd’s staff. The shepherds were the first to visit Baby Jesus, and Jesus himself was called “The Good Shepherd.”

The candy cane is a sugary stick of pure white, hard candy. White symbolizes the holiness of Jesus and His sinless life. The candy tastes sweet just like God’s sweet love for us. The candy’s hardness reminds us that Jesus is our rock of refuge, and His promises are a solid foundation for those who follow Him.

Some candy canes have red and green stripes. Red symbolizes the blood that Jesus shed for us. Green represents the new life that we have in Christ.

The flavor of the candy cane is peppermint, which is similar to hyssop, a member of the mint family. In Old Testament times, hyssop was associated with purification and sacrifice. Jesus is the Lamb of God, come to be a sacrifice for the sins of this world.

Every time you see or eat a candy cane, remember that Jesus is the reason for the season!

**Merry Christmas!**

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